



IBA 2021-22 HEALTH AND SAFETY PROTOCOL

In compliance with the Centers for Disease Control and the North Carolina Department of Health and Human Services, International Ballet Academy has implemented new health and safety protocols. These protocols will mitigate risk to all our students, staff, faculty, and families and must be followed in order for students to enroll and attend classes at IBA.

International Ballet Academy reserves the right to update, amend and change these guidelines as necessary based upon changes in CDC guidelines, the North Carolina Dept. of Health and Human Services, or any other federal, state or local mandates related to COVID-19.

Studio Protocol

- In studio classes will be limited in size.
- Students will enter their assigned studio directly from the outside and NOT from the IBA lobby.
- The IBA lobby and hallways will be closed, and students will only use the lobby when they need to access the restroom.
- IBA hallways will be closed to parents and siblings.
- Students are to line up OUTSIDE of their assigned studio. Do NOT line up more than 5-7 minutes before the start of class. In case of inclement weather, please wait in your car.
- Note: for students enrolled in the full day PPD program, the studio will open 30 minutes before the start of class. Please note that although faculty may arrive more than 30 minutes prior to the start of class, faculty often has meetings and other administrative work to complete and will not open the studios until 30 minutes before class is scheduled to begin. In case of inclement weather, PPD students will enter via the main office door.
- Parents must wait in their cars until the student is inside the studio before leaving.
- Students are currently required to wear masks (face coverings) during class, regardless of vaccination status. If this requirement changes based upon new guidelines set forth by the NC Dept. of Health and Human Services, local city mandates and/or the CDC, families will be notified. Please note that masks with vents are NOT allowed and that masks must be worn properly at all times (covering mouth and nose). Students who do not wear their masks properly will not be allowed to participate in class and parents will be called to pick up their student.
- When waiting outside the studio, students will maintain social distancing (as marked by cones or tape) and will wear face coverings.
- Students must bring a water bottle to class. The water fountain is open to allow for water bottles to be filled ONLY. Students are not allowed to drink out of the water fountain.



- Students are required to bring a yoga mat to class. Students will use these yoga mats to stretch on prior to class. Please make sure your yoga mat can be rolled up and contained with straps.
- Students will be placed at barres and will remain at their assigned barre for the duration of the class. Students will also receive placement during center work.
- Each studio will have an assigned stall inside the bathroom. Students and Faculty will enter the will wear a mask while using the restroom. Students must use the stall assigned to his/her studio. If the stall is currently being used, please wait outside in the hallway and do not remain in the restroom. The bathrooms will be sanitized several times a day.
- Parents of younger dancers: please make sure your child uses the restroom at home prior to coming to IBA. Given our new procedures with the use of restrooms, it would greatly help our staff if our younger dancers who are only in the studio for 45 minutes to an hour use the restroom at home.
- Students will be required to leave the IBA studios right after their last class is completed. They will exit from the studios and not from the IBA lobby. Parents: please be on time to pick up your child! (note the late pick up fees schedule in place)
- **Late Pick Up Fees:** due to the importance and timeliness and structure essential to the health guidelines, late fees will be applied without exception per the schedule below:
 - 1-10 minutes late: \$15
 - 11-20 minutes late: \$25
 - 21 plus minutes late: \$25 plus \$2/per minute
- Due to limited class sizes, students must contact the office in order to receive permission to make up a missed class.
- All requests for meetings with faculty need to be made via email to office@ibacary.com

Wellness Policy

- Students and staff must participate in daily temperature checks (via an infrared thermometer) before entering IBA. The student's temperature will be taken by an IBA faculty member prior to the student entering the studio.
- Students and staff must attest that they are symptom free daily before entering IBA. Each student must turn in the symptom checklist form **EACH DAY** that they come to class. Students should download the CheckCOVID app (free for both iphone and android) and show the app results each day prior to entering the studio. Students who do not have a cell phone will have to turn in the Symptom Checklist form daily.
- Students are to provide their own appropriate face masks (cloth or medical/surgical masks). Please note that masks with vents are not allowed. Masks must be worn properly (over nose



and mouth at all times) unless eating or drinking. If eating or drinking, students will maintain social distancing.

- Students and staff must practice the Center for Disease Control and Prevention's policies of social distancing (maintaining 3 feet of distance) while at IBA.
- Students are to properly clean and sanitize all personal property before entering IBA daily.
- Students are required to wash their dance attire daily, including face coverings.
- Students are encouraged to use hand sanitizer several times a day. IBA will provide hand sanitizer but students are encouraged to bring their own hand sanitizer to be kept inside their dance bag. A local company (www.anutramedical.myshopify.com sells personal hand sanitizer with 80% alcohol). Use code "ballet" for a discount from this local company!
- Students will be allowed to bring a small dance bags to class but we ask that students limit items in their bags to those needed for class.
- Students must arrive to studio dressed for class. They will not be allowed to use the rest rooms as dressing rooms.
- All yoga mats and dance items (including shoes, therabands, dance attire etc) should have the student's name for easy identification. All students will make sure to collect their belongings at the end of each day. There will not be a lost and found. Items left at the end of each day will be discarded.

IBA Building Policies

- Students must enter through their assigned studio entrance at the time designated for their studio.
- Sidewalks outside the studios will have markings 6 feet apart.
- The lobby and hallways of IBA will be closed to parents, guardians and other family members.
- Students must bring their own water bottles. The water fountain is open ONLY to allow for bottles for be refilled. Students are not allowed to drink out of the water fountain directly.
- IBA will perform ongoing and routine environmental cleaning and disinfection of all high touch areas (i.e., doors, doorknobs, barres) with an EPA approved disinfectant for SARS-Cov-2 (the virus that causes COVID-19).
- All studios will be frequently disinfected including door handles, restrooms, barres and floors. The class schedule will include time in between lessons for the studios to be sanitized. IBA will use disinfectants/sanitizers effective against COVID-19 (approved list at EPA.gov).
- **IBA has upgraded the HVAC system. We installed hospital-grade MERV 13 filters, which will increase the capture of the smallest particulates. In addition, our HVAC system has been upgraded to include UV lights.**



Exposure Policy

- If a student or staff member exhibits *symptoms* of COVID-19 (cough, fever of 100.0 or greater, shortness of breath or difficulty breathing, chills, muscle pain, headache, sore throat, loss of taste/smell), he/she must notify IBA immediately and must not enter IBA. A student or staff member who exhibits symptoms will not be allowed to participate in the program.
- **Quarantine:** if you have been in [close contact](#) (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19, unless you have been [fully vaccinated](#). People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID-19 unless they have [symptoms](#). However, fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative.
- Per NCDHH and CDC Guidelines: if a student or staff member has been *diagnosed with COVID-19 or is presumed positive by a medical professional due to symptoms*, they will be excluded from the attending classes at IBA until:
 - No fever for at least 72 hours since recovery (without the use of fever-reducing medicine) AND
 - Other symptoms have improved (e.g., coughing, shortness of breath) AND
 - At least 10 days have passed since first symptoms

NOTE per the CDC: Anyone who has had [close contact](#) with someone with COVID-19 should stay home for 14 days **after their last exposure** to that person.

However, anyone who has had close contact with someone with COVID-19 and who meets the following criteria does **NOT** need to stay home.

- Someone who has been [fully vaccinated](#) and shows no symptoms of COVID-19. However, fully vaccinated people should get tested 3-5 days after their exposure, even they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative.

Or

- Someone who has COVID-19 illness within the previous 3 months **and**
- Has recovered **and**
- Remains without COVID-19 symptoms (for example, cough, shortness of breath)



- If student or a member of student's household is waiting for results from a COVID-19 test, student will not enter the IBA building until such time as the student or member of the student's household receives a negative test result or Student meets the CDC qualifications of a fully vaccinated individual.
- Students who have to miss class due to sickness or quarantine will be able to follow their class online.

NOTE: In order for a student to be able to follow the status of a fully vaccinated student under the CDC guidelines, IBA must have on file a copy of the student's vaccination card. A photocopy of the card can be emailed to the office at office@ibacary.com

More Information

The IBA health and safety protocols will be strictly enforced without exception. If students, parents/guardians do not comply with these health and safety guidelines, it will be grounds for dismissal from the program without refund.

More information and support about COVID-19 can be found at Center for Disease Control <https://www.cdc.gov/coronavirus/2019-ncov/index.html>, NC Department of Health and Human Services <https://covid19.ncdhhs.gov/dashboard> and by calling HopeforNC Helpline at 1-855-587-3463

International Ballet Academy reserves the right to change or amend any of these policies or guidelines based on the evolving nature of information and recommendations of the CDC, NCDHSS and any state and city mandates regarding COVID-19.



STUDIO 1 DANCERS:

You will line up at the FRONT of IBA. You will enter directly into studio 1. YOU WILL NOT BE ALLOWED TO ENTER VIA THE MAIN DOOR INTO THE LOBBY. Your line will be marked with a sign and with cone markers. Each dancer is to stand next to a cone to maintain social distancing. Your teacher will open the door and invite you in. Do not open the door to the studio door yourself.





STUDIO 2 DANCERS:

You will line up on the **SIDE** of the IBA building. You will enter directly into Studio 2. **YOU WILL NOT BE ALLOWED TO ENTER VIA THE MAIN DOOR INTO THE LOBBY.** Your line will be marked with a sign and with cone markers. Each dancers must stand next to a cone to maintain social distancing. Your teacher will open the door and invite you in. Do not open the studio door yourself.





STUDIO 3 DANCERS:

You will line up at the **BACK** of the IBA building. You will enter directly into studio 3. **YOU WILL NOT BE ALLOWED TO ENTER VIA THE MAIN DOOR INTO THE LOBBY.** Your line will be marked with a sign and with cone markers. Each dancer is to stand next to a cone to maintain social distancing. Your teacher will open the door and invite you in. Do not open the door to the studio door yourself.





Restrooms

Each bathroom has stalls dedicated to each studio. Students must ONLY use the stall for their assigned studio. Students and Faculty must be fully masked in the bathroom. There is no “waiting” in line inside the bathroom.

****Parents of younger dancers: please make sure your child uses the restroom AT HOME PRIOR to coming to IBA in order to avoid the younger students using the IBA restrooms as much as possible****





BY ENROLLING AT IBA, PARENT AND STUDENTS ATTEST TO THE FOLLOWING:

Parent/Student Attestation

I have read and understand the IBA 2021-22 Health and Safety Guidelines. I understand the risk involved in my participation, and I agree to follow all rules and guidelines recommended by the Centers for Disease Control and Prevention, the NC Department of Health and Human Services, and International Ballet Academy. If I choose to violate policies set forth in the IBA 2021-22 Health and Safety Protocols, I understand that I may be removed from the program. If I am removed from the program due to my violations of any of these policies, I further understand that all tuition payments are non-refundable.

COVID-19 WAIVER

While IBA will take precautions to decrease the risk of spreading COVID-19, including but not limited to limiting class sizes, hand washing, regular disinfection of surfaces, temperature screenings, Parent/Guardian acknowledges that the risk of transmission of COVID-19 cannot be eliminated. Accordingly, Parent/Guardian assumes full risk of infection with COVID-19 and waives any and all claims against IBA and its owners, staff and agents for any liability related to COVID-19, including but not limited to illness of the student, Parent/Guardian, or any member of the student's or Parent/Guardian's household.

Parent/Guardian understands that students who are exhibiting any symptoms of COVID-19 (available at <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>) will not be permitted to participate in any IBA activities, including in person classes, until symptoms have fully resolved. Parent/Guardian further agrees that if the student, any members of the student's household, or any other person with whom the student has had close contact tests positive for COVID-19, or is ill with symptoms of COVID-19, Parent/Guardian will not bring student to IBA for any purpose until student meets criteria set forth by CDC and NC Dept. of Health and Human Services. IBA reserves the right to determine in its discretion whether student may safely return to IBA.