



IBA 2020-21 HEALTH AND SAFETY PROTOCOL

In compliance with the Centers for Disease Control and the North Carolina Department of Health and Human Services, International Ballet Academy has implemented new health and safety protocols. These protocols will mitigate risk to all our students, staff, faculty, and families and must be followed in order for students to enroll and attend classes at IBA.

International Ballet Academy reserves the right to update, amend and change these guidelines as necessary based upon changes in CDC guidelines, the North Carolina Dept. of Health and Human Services, or any other federal, state or local mandates related to COVID-19.

Studio Protocol

- In studio classes will be **LIMITED** in size. All classes will be capped according to the studio square footage in order to permit students and faculty to adhere to social distancing requirements.
- Students will enter their assigned studio directly from the outside and NOT from the IBA lobby.
- The IBA lobby and hallways will be closed, and students will only use the lobby when they need to access the restroom.
- IBA hallways will be closed to parents and siblings.
- Students are to line up OUTSIDE of their assigned studio. Do NOT line up more than 10 minutes before the start of class. In case of inclement weather, please wait in your car.
- Parents must wait in their cars until the student is inside the studio before leaving.
- Students are currently required to wear masks (face coverings) during class. If this requirement changes based upon new guidelines set forth by the NC Dept. of Health and Human Services, families will be notified. Please note that masks with vents are NOT allowed.
- When waiting outside the studio, students will maintain social distancing (as marked by cones or tape) and will wear face coverings.
- Students must bring a water bottle to class. The water fountain at IBA will be closed.
- Students are required to bring a yoga mat to class. Students will use these yoga mats to stretch on prior to class. This will help limit direct contact with the marley flooring. Please make sure your yoga mat can be rolled up and contained with straps.
- Barres will be marked to indicate the appropriate social distancing guidelines (6 feet apart).
- Each studio will have an assigned stall inside the bathroom. Students will enter the bathroom one at a time and will wear a mask while using the restroom. The bathrooms will be sanitized several times a day.
- Parents of younger dancers: please make sure your child uses the restroom at home prior to coming to IBA. Given our new procedures with the use of restrooms, it would greatly help our

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staff if our younger dancers who are only in the studio for 45 minutes to an hour use the restroom at home.

- There will be 15 minutes in between each class in order to allow the IBA staff to disinfect and sanitize the studio. The exception to this is if the same group of students is transitioning to a different class within the same studio (ie. Technique class followed by pointe class with same students in same studio)
- Students will be required to leave the IBA studios right after their last class is completed. They will exit from the studios and not from the IBA lobby. Parents: please be on time to pick up your child! (note the late pick up fees schedule in place)
- **Late Pick Up Fees:** due to the importance and timeliness and structure essential to the health guidelines, late fees will be applied without exception per the schedule below:
 - 1-10 minutes late: \$15
 - 11-20 minutes late: \$25
 - 21 plus minutes late: \$25 plus \$2/per minute
- Due to limited class sizes, students will not be allowed to “make up” missed classes in another class during the fall semester. Students can make up their missed class online with another class. This policy will be re-evaluated in the spring semester.
- All requests for meetings with faculty need to be made via email to office@ibacary.com. Until further notice all meetings will be held virtually.

Wellness Policy

- Students and staff must participate in daily temperature checks (via an infrared thermometer) before entering IBA. The student’s temperature will be taken by an IBA faculty member prior to the student entering the studio.
- Students and staff must attest that they are symptom free daily before entering IBA. Each student must turn in the symptom checklist form **EACH DAY** that they come to class.
- Students are to provide their own appropriate face masks (cloth or medical/surgical masks). Please note that masks with vents are not allowed.
- Students and staff must practice the Center for Disease Control and Prevention’s policies of social distancing (maintaining 6 feet of distance) while at IBA.
- Students are to properly clean and sanitize all personal property before entering IBA daily.
- Students are required to wash their dance attire daily, including face coverings.
- Students are encouraged to use hand sanitizer several times a day. IBA will provide hand sanitizer but students are encouraged to bring their own hand sanitizer to be kept inside their dance bag. A local company (www.anutramedical.myshopify.com sells personal hand sanitizer with 80% alcohol). Use code “ballet” for a discount from this local company!



- Students will be allowed to bring a small dance bags to class but we ask that students limit items in their bags to those needed for class.
- Students must arrive to studio dressed for class. They will not be allowed to use the rest rooms as dressing rooms.
- All yoga mats and dance items (including shoes, therabands, dance attire etc) should have the student's name for easy identification. All students will make sure to collect their belongings at the end of each day. There will not be a lost and found. Items left at the end of each day will be discarded.

IBA Building Policies

- Students must enter through their assigned studio entrance at the time designated for their studio.
- Sidewalks outside the studios will have markings 6 feet apart.
- The lobby and hallways of IBA will be closed to parents, guardians and other family members.
- Students must bring their own water bottles. It is recommended that students bring at least two water bottles as use of the water fountain will be prohibited.
- IBA will perform ongoing and routine environmental cleaning and disinfection of all high touch areas (i.e., doors, doorknobs, barres) with an EPA approved disinfectant for SARS-Cov-2 (the virus that causes COVID-19).
- Students will be assigned to specific barre for the duration of their class.
- All studios will be frequently disinfected including door handles, restrooms, barres and floors. The class schedule will include time in between lessons for the studios to be sanitized. IBA will use disinfectants/sanitizers effective against COVID-19 (approved list at EPA.gov).
- **IBA is upgrading the HVAC system. We are installing hospital-grade MERV 13 filters, which will increase the capture of the smallest particulates. In addition, our HVAC system will be upgraded to include UV lights.**

Exposure Policy (as set forth by the N.C. Department of Health and Human Services Interim Guidance for Program Settings Serving Children and Teens and Interim Guidance for Youth, College and Amateur Sports Programs (last updated July 22, 2020))

- If a student or staff member exhibits *symptoms* of COVID-19 (cough, fever of 100.0 or greater, shortness of breath or difficulty breathing, chills, muscle pain, headache, sore throat, loss of taste/smell), he/she must notify IBA immediately and must not enter IBA. A student or staff member who exhibits symptoms will not be allowed to participate in the program, and it is recommended that the individual self-quarantine for 14 days following guidelines set forth by the CDC and seek medical care as needed.



- Per NCDHH and CDC Guidelines: if a student or staff member has been *diagnosed with COVID-19 or is presumed positive by a medical professional due to symptoms*, they will be excluded from the attending classes at IBA until:
 - No fever for at least 72 hours since recovery (without the use of fever-reducing medicine) AND
 - Other symptoms have improved (e.g., coughing, shortness of breath) AND
 - At least 10 days have passed since first symptoms
- Per NCDHH and CDC Guidelines: if a student or staff member has been *diagnosed with COVID-19 but does not have symptoms*, they will not be allowed to return to the program until 10 days have passed since the date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms since their positive test.
- If a student or staff member comes into contact with a known COVID-19 positive person, he/she must notify IBA immediately and will self-quarantine for 14 days.
- If student or a member of student's household is waiting for results from a COVID-19 test, student will not enter the IBA building until such time as the student or member of the student's household receives a negative test result or it has been 14 days since the student or member of the student's household has taken the test and no symptoms have developed.
- If a student or staff member, or their immediate family member or person living in their household tests positive for COVID-19 all students and faculty who have in been in close contact (as defined by the CDC) to that participant or staff member will be asked to self-quarantine for 14 days. IBA will enact a full sanitation of the building. Once sanitized, students in different levels will be allowed re-entry into the building, pending they have had no close contact with the positive participant.
- Note: close contact (as defined by the CDC) is exposure to an individual for longer than 15 minutes, at a distance of less than 6 feet starting 2 days before illness onset until patient is isolated.
- Students who have to miss class due to sickness or quarantine will be able to follow their class online.

More Information

The IBA health and safety protocols will be strictly enforced without exception. If students, parents/guardians do not comply with these health and safety guidelines, it will be grounds for dismissal from the program without refund.

More information and support about COVID-19 can be found at Center for Disease Control <https://www.cdc.gov/coronavirus/2019-ncov/index.html>, NC Department of Health and Human Services <https://covid19.ncdhhs.gov/dashboard> and by calling HopeforNC Helpline at 1-855-587-3463

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International Ballet Academy reserves the right to change or amend any of these policies or guidelines based on the evolving nature of information and readily available testing for COVID-19.

STUDIO 1 DANCERS:

You will line up at the FRONT of IBA. You will enter directly into studio 1. YOU WILL NOT BE ALLOWED TO ENTER VIA THE MAIN DOOR INTO THE LOBBY. Your line will be marked with a sign and with cone markers. Each dancer is to stand next to a cone to maintain social distancing. Your teacher will open the door and invite you in. Do not open the door to the studio door yourself.





STUDIO 2 DANCERS:

You will line up on the **SIDE** of the IBA building. You will enter directly into Studio 2. **YOU WILL NOT BE ALLOWED TO ENTER VIA THE MAIN DOOR INTO THE LOBBY.** Your line will be marked with a sign and with cone markers. Each dancers must stand next to a cone to maintain social distancing. Your teacher will open the door and invite you in. Do not open the studio door yourself.





STUDIO 3 DANCERS:

You will line up at the **BACK** of the IBA building. You will enter directly into studio 3. **YOU WILL NOT BE ALLOWED TO ENTER VIA THE MAIN DOOR INTO THE LOBBY.** Your line will be marked with a sign and with cone markers. Each dancer is to stand next to a cone to maintain social distancing. Your teacher will open the door and invite you in. Do not open the door to the studio door yourself.





IBA HALLWAYS AND RESTROOMS



Cones in the hallway indicate appropriate social distancing for dancers to use when waiting in line to use the restroom or if they need to wait in line to speak to someone in the office.



Each bathroom has stalls dedicated to each studio. Students must ONLY use the stall for their assigned studio. Students are only allowed in the bathroom ONE AT A TIME.

****Parents of younger dancers: please make sure your child uses the restroom AT HOME PRIOR to coming to IBA in order to avoid the younger students using the IBA restrooms as much as possible****



Parent/Student Attestation

I have read and understand the IBA 2020-21 Health and Safety Guidelines. I understand the risk involved in my participation, and I agree to follow all rules and guidelines recommended by the Centers for Disease Control and Prevention, the NC Department of Health and Human Services, and International Ballet Academy. If I choose to violate policies set forth in the IBA 2020-21 Health and Safety Protocols, I understand that I may be removed from the program. If I am removed from the program due to my violations of any of these policies, I further understand that all tuition payments are non-refundable.

Student Signature

Date

Parent/Guardian Signature

Date

COVID-19 WAIVER

While IBA will take precautions to decrease the risk of spreading COVID-19, including but not limited to limiting class sizes, hand washing, regular disinfection of surfaces, temperature screenings, Parent/Guardian acknowledges that the risk of transmission of COVID-19 cannot be eliminated. Accordingly, Parent/Guardian assumes full risk of infection with COVID-19 and waives any and all claims against IBA and its owners, staff and agents for any liability related to COVID-19, including but not limited to illness of the student, Parent/Guardian, or any member of the student’s or Parent/Guardian’s household.

Parent/Guardian understands that students who are exhibiting any symptoms of COVID-19 (available at <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>) will not be permitted to participate in any IBA activities, including in person classes, until symptoms have fully resolved. Parent/Guardian further agrees that if the student, any members of the student’s household, or any other person with whom the student has had close contact tests positive for COVID-19, or is ill with symptoms of COVID-19, Parent/Guardian will not bring student to IBA for any purpose until student meets criteria set forth by CDC and NC Dept. of Health and Human Services. IBA reserves the right to determine in its discretion whether student may safely return to IBA.

Parent/Guardian Signature

Date