



**INTERNATIONAL  
BALLET ACADEMY**

**PPD SCHEDULE 2017-2018**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>
10:30-12:00: Technique	1:00-2:30: Technique	10:30-12:00: Technique
12:00-1:00: Pointe/Men's class	2:30-3:30: Variation (Men and Women)	12:00-1:00: Pointe/Men's class
1:00-2:30: Coaching	3:30-5:00: Independent Study	1:00-2:30: Coaching
2:30-5:00: Independent Study		2:30-5:00: Independent Study
Evening classes	Evening Classes	Evening Classes

<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
1:00-2:30: Technique	10:30-11:30: Pilates	10:30-12:00: Company class
2:30-3:30: Jumps and Turns	11:30-1:00: Technique	Rehearsals
3:30-5:00: Independent Study	1:00-2:30: Coaching	
	2:30-4:00: Independent Study	
Evening Classes	Evening Classes	

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